

Monetary policy and the market-based R-star

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Key points

- The natural rate of interest (aka ‘r-star’) is a key concept for monetary policy makers. Unfortunately, it cannot be observed
- The yield curve allows us to make an inference about the level of r-star implied by market participants
- Recently, r-star might have increased. Repricing major asset classes to a new interest rate regime would require higher risk premia

An interest rate which cannot be observed

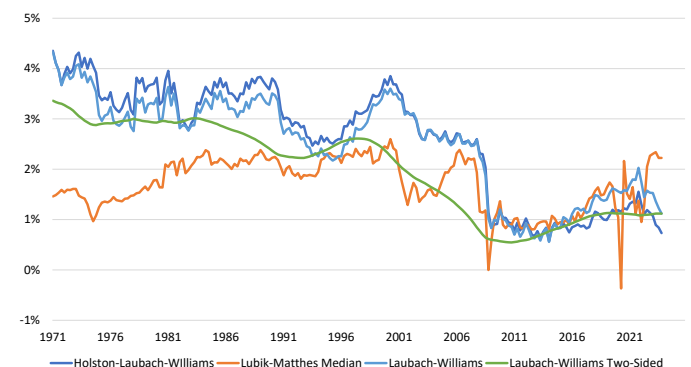
Conceptually, we can decompose the yield on a risk-free bond into four parts - the natural interest rate (aka ‘r-star’), monetary policy anticipation, expected inflation and risk premiums. However, the interplay between markets and central banks on the topic of the so-called ‘r-star’ – and its

effect on monetary policy’s stance, bond yields and risk premia - is an intricate one.

In 2002 economists Thomas Laubach and now-New York Federal Reserve (Fed) President John Williams defined the modern view of r-star as “the real short-term interest rate consistent with output converging to potential, where potential is the level of output consistent with stable inflation”.¹

More simply, it is often referred to as the short-term interest rate which would prevail when the economy is at full strength and inflation is stable.

Figure 1: US natural rate of interest estimates



Source: Bloomberg

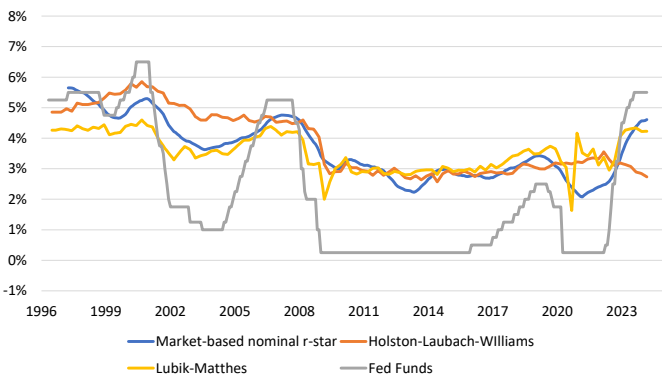
¹ [Gazing at r-star: Gauging U.S. monetary policy via the natural rate of interest - Dallasfed.org](https://dallasfed.org/outlook/gazing-at-r-star-gauging-u-s-monetary-policy-via-the-natural-rate-of-interest)

The Fed publishes several estimates of r-star - see Figure 1. Note the wide dispersion in most recent estimates, from 0.75% to 3.1%. A similar range can be observed in Eurozone estimates which were recently published by the European Central Bank. Also, note r-star's dynamic nature, averaging 2.5% from 1970 to 2002 before dropping to as low as 0%-0.5% in 2009 and to a similar level in the aftermath of the pandemic shock.

The yield curve comes to the rescue

Luckily for financial markets practitioners, yield curves are an invaluable source of information as they immediately discount complex scenarios at any forward date. For example, the forward interest rate market allows us to construct a market-based estimate of the r-star. The implied one-month interest rate in five-years' time gives us an approximation of the future equilibrium policy interest rate expected by market participants. Adjusting this by subtracting an estimate of the term premium (the additional return required on lending for longer periods) gives us an estimate of the nominal r-star rate. (see Figure 2).

Figure 2: Model and market-based r-star



Source: AXA IM, Bloomberg

Four aspects are worthy of note:

- There is a substantial 140 basis points (bp) gap between model-based estimates. While this is entirely due to different statistical methodologies, it does highlight the level of uncertainty about the true value of this metric
- Our market-based r-star measure seems to better reflect the Lubik-Matthes estimate², both in terms of regimes as well as dynamics. By construction, this

² [Lubik-Matthes Natural Rate of Interest | Richmond Fed](#)

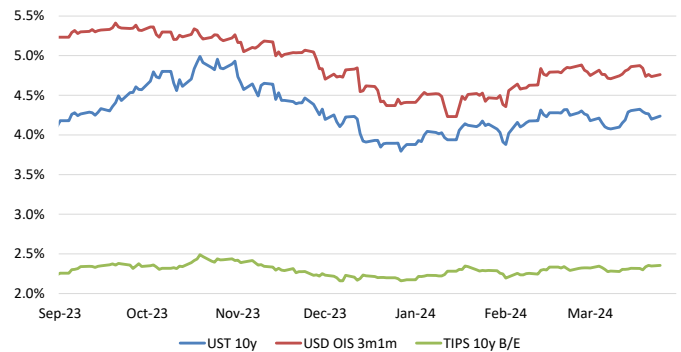
³ [Quo vadis, r*? The natural rate of interest after the pandemic \(bis.org\)](#) Benigno, Hofmann, Nuño Barrau and Sandri

model-based estimate of r-star is derived from potential growth

- At around 4.5%, our market-based r-star is now 170bp above the 2009-2019 average level.
- It's not clear how monetary policy and hence market-based r-star measures ultimately influence the true but unobservable level of r-star. Economist Gianluca Benigno (2024)³ raises the possibility that – while generally assumed to be neutral in the long-run – monetary policy “has at least very long-lasting effects on real variables”. Adding expansionary fiscal policy to a decade of quantitative easing (QE) might eventually influence the allocation of resources and productivity

To be clear, the discussion isn't purely theoretical. Over the past six months, the 130bp swing in central bank policy expectations in terms of policy easing has been the primary factor behind US Treasury returns. During the same period, market-based inflation expectations have traded in a narrow 30bp range, thus contributing only to a limited extent to the evolution of 10-year yields (Figure 3).

Figure 3: Factors affecting US Treasury yields



Source: Bloomberg

Policy uncertainty = Higher risk premium

The high level of uncertainty around r-star automatically translates into uncertainty about the monetary policy stance. Again, we can refer to an example from the Fed's past, when measurement errors did ultimately bias its perception to the point of erroneously calibrating monetary policy at the end of the 1960s. The high and volatile inflation during the 1970s might have been partially avoided “if the Federal Reserve had possessed excellent information regarding the structure of the economy”.⁴

⁴ [Orphanides/Williams \(2010\)](#)

The parallel with today's markets can be easily drawn - what if the natural interest rate was higher than current estimates? What if the long-run dot (r -star) at 2.6% failed to capture the changing structure of the economy? Evidently, the actual monetary policy stance would not be as tight as is widely believed, in which case risk premia across asset classes are probably too compressed to compensate investors for a scenario of repricing of a new interest rate regime.

In practical terms, it is likely the current level of the Fed Funds Rate is above most estimates of the r -star. Hence, policy is

restrictive and inflation appears to be heading lower. This justifies market expectation of some easing of policy in the year ahead. However, the message from central bankers – perhaps reflecting their own internal discussions about the neutral rate – is that markets need to be careful about pricing in too many rate cuts. This in turn has implications for expected returns across bond markets and is a strong support for short-duration strategies in fixed income, given that yields curves are inverted and thus pricing in much lower rates in the future.

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